



“MOVE THE MOUNTAINS”

8 FAMOUS MOUNTAINS OF THE WORLD

ENGLISH CAMP

STUDENT BOOK





**YOUTH FOR CHRIST
INTERNATIONAL**

YFC International English Camp 8 Famous Mountains of the World

Overall Lesson Plan

1. Mt. Ararat – God is trustworthy and keeps His promises.
2. Mt. Olympus - False gods of this world are human inventions and not truth.
3. Mt. Carmel - The true God defeats all false gods.
4. Mt. Hermon – The Transfiguration shows that Jesus is God.
5. Mt. Golgotha – Jesus defeats death on the cross.
6. Mt. of Olives - Jesus left Earth, but will return to Earth someday.
7. Mt. Vesuvius – The world’s pleasures will be burned up,
so store your treasures in heaven.
8. Mt. Everest – We can overcome challenges with God’s help.

LESSON 1: MOUNT ARARAT

THEME: God is trustworthy and keeps His promises

FACTS ABOUT MT. ARARAT

- 1) Mt. Ararat is the tallest mountain in Turkey at 5,165 meters (16,946 feet).
- 2) Noah's ark landed on this mountain after the flood waters covered the whole earth.
- 3) The top of Mt. Ararat is covered in snow all year.
- 4) Mt. Ararat is the national symbol of the Armenian people who live in this area of Turkey.

STORY ABOUT MT. ARARAT

- 1) There was disease, death, and destruction everywhere on earth.
- 2) Noah was God's friend. He obeyed God.
- 3) God told Noah, "People have filled my world with hate. I must stop them with a flood."
- 4) Noah built a boat like God told him to.
- 5) Noah got in the boat with his family and two of every kind of animal.
- 6) God shut the door of the boat. He saved Noah and his family.
- 7) A flood covered the whole earth. The boat stopped on Mt. Ararat.
- 8) God promised to send a Rescuer who would one day save the world.



GENESIS 8:4, 8-9, 11, 13

"On the 17th day of the seventh month, the ark came to rest on the mountains of Ararat.... God spoke to Noah and to his sons who were with him. He said, 'I am now making my promise with you and with all of your children who will be born after you.... The waters of a flood will never destroy all life again. I have put my rainbow in the clouds. It will be the sign of the promise between me and the earth.'"



Lesson 1: MOUNT ARARAT

Mount Ararat

is a snow-capped and dormant compound volcano in the extreme east of Turkey. It consists of two major volcanic cones: Greater Ararat and Little Ararat. Greater Ararat is the highest peak in Turkey and the Armenian plateau with an elevation of 5,137 m (16,854 ft); Little Ararat's elevation is 3,896 m (12,782 ft). The Ararat massif is about 35 km (22 mi) wide at ground base. The first efforts to reach Ararat's summit were made in the Middle Ages. However, it was not until 1829 when Friedrich Parrot and Khachatur Abovian, accompanied by four others, made the first recorded ascent.

Despite the scholarly consensus that the "mountains of Ararat" of the Book of Genesis (8:4) do not refer specifically to Mt. Ararat, it has been widely accepted in Christianity as the resting place of Noah's Ark. It is the principal national symbol of Armenia and has been considered a sacred mountain by Armenians. It is featured prominently in Armenian literature and art and is an icon for Armenian irredentism. Along with Noah's Ark, it is depicted on the coat of arms of Armenia.

LESSON 2:

MOUNT OLYMPUS

THEME: False gods of this world are human inventions and not truth

OPENING GAME: A TRUTH AND A LIE

1. _____
2. _____

FACTS ABOUT MT. OLYMPUS

- 1) Mt Olympus is the tallest mountain in Greece (3,000 meters).
- 2) In the past, the Greeks believed that the 12 main gods lived on Mt. Olympus. These were false gods.
- 3) The stories about these gods (including Zeus, Poseidon, and Apollo) are part of Greek mythology.
- 4) These false gods were evil. In the stories, they treated humans badly.



STORY ABOUT MT. OLYMPUS

- 1) The Greek people created stories about false gods. Here is one of their stories.
- 2) Andromeda was the beautiful daughter of a king. She lived in a city by the sea. She was very happy.
- 3) The queen, Andromeda's mother, said that Andromeda was more beautiful than any of the gods' daughters.
- 4) Poseidon was the false god of the sea. He said that his daughters were the most beautiful daughters in the world.
- 5) His daughters did not like the humans living in the city by the sea. Poseidon sent a flood and sea serpent to the city. The people were afraid.
- 6) The king asked a prophet what to do. The prophet said he had to sacrifice his daughter, Andromeda, if he wanted to save his city. The king was very sad, but he ordered his daughter to be tied to a tree on a cliff near the sea.
- 7) That day, the hero Perseus sailed past just as the king's servants were tying Andromeda to a tree on the cliff. Perseus fell in love immediately. Perseus rescued Andromeda, using his magic sword to cut the chains.
- 8) Just then, the giant sea serpent reached for Andromeda. Andromeda screamed. Perseus chopped off the serpent's head.
- 9) Andromeda loved Perseus as much as he loved her. Perseus decided to ask Andromeda's father for permission to marry him. The king agreed to the wedding.
- 10) After the wedding, Perseus and Andromeda traveled to his city which was far away from the sea.
- 11) Poseidon's daughters wanted their father to go after Andromeda, but Poseidon refused.



Mount Olympus

is the highest mountain in Greece. It is located in the Olympus Range on the border between Thessaly and Macedonia, between the regional units of Pieria and Larissa, about 80 km (50 mi) southwest from Thessaloniki. Mount Olympus has 52 peaks, deep gorges. The highest peak, Mytikas (Μυτικα Mytikas), meaning "nose", rises to 2,919 metres (9,577 ft). It is one of the highest peaks in Europe in terms of topographic prominence.

Olympus is notable in Greek mythology as the home of the Greek gods, on Mytikas peak. It is also noted for its exceptional biodiversity and rich flora. It has been a National Park, the first in Greece, since 1938. It is also a World Biosphere Reserve. Every year, thousands of visitors admire its fauna and flora, tour its slopes, and climb its peaks. Organized mountain refuges and various mountaineering and climbing routes are available. The usual starting point for climbing Olympus is the town of Litochoro, on the eastern foothills of the mountain, 100 km (62 mi) from Thessaloniki.

LESSON 3:

MOUNT CARMEL

THEME: The one, true God defeats the false gods

OPENING ACTIVITY

What is your name? My name is _____
What city do you live in? I live in _____
What is your telephone number? My telephone number is _____
When I grow up, I want to _____
How old are you? I am _____ years old.
What is your birthdate? My birthdate is _____
What is your last name? My last name is _____
What is your first name? My first name is _____
Do you have a pet? I have a _____ as a pet.
What family members do you live with? I live with my _____

FACTS ABOUT MT CARMEL

- 1) Mt. Carmel is in Northern Israel near the city of Haifa.
- 2) It is 8 kilometers long and 500 meters high.
- 3) There are many caves on one side of the mountain.
- 4) In history, it is a place where many false gods were worshipped.
- 5) God used Elijah to show His power over the false gods.

STORY ABOUT MT. CARMEL

- 1) Elijah was a prophet of God.
- 2) He told all the people of Israel and 850 prophets of the false gods, Baal and Asherah, to meet him on Mt. Carmel.
- 3) Elijah said to the people, "If the Lord is God, follow Him. If Baal is God, follow him."
- 4) The prophets of Baal prepared a bull for sacrifice, danced and shouted, but no one answered.
- 5) Elijah teased them, "Shout louder! Is Baal gone or in the toilet?"
- 6) Elijah prepared the altar for fire and poured lots of water on the wood.
- 7) He prayed, "Lord, let everyone know that you are the true God so that their hearts will turn back to you."
- 8) The fire of God came down. It burned up the sacrifice, the woods, the stones and the ground.
- 9) All the people saw it and fell flat with their faces toward the ground.
- 10) They cried out, "The LORD is the one and only God! The LORD is the one and only God!"



* see an additional task at the end

Lesson 3:

MOUNT CARMEL

Mount Carmel

is a coastal mountain range in northern Israel stretching from the Mediterranean Sea towards the southeast. The range is a UNESCO biosphere reserve. A number of towns are situated there, most notably the city of Haifa, Israel's third largest city, located on the northern slope.

The name is presumed to be directly from the Hebrew language word Carmel, which means "fresh" (planted), or "vineyard" (planted).

LESSON 4:

MOUNT HERMON

THEME: The Transfiguration shows that Jesus is God

FACTS ABOUT MT. HERMON

- 1) Mt. Hermon is on the border of 3 countries: Syria, Lebanon and Israel.
- 2) Mt. Hermon may have been the mountain where the Bible story about the Transfiguration took place.
- 3) The highest point of Mt. Hermon is in Syria. It is 2,800 meters tall.
- 4) In 1967 and 1973, a war between Syria and Israel was fought on this mountain.
- 5) Israel's only ski resort is located on their part of the mountain.



STORY ABOUT MT. HERMON

MARK 9:2-8

Jesus took Peter, James and John with him. He led them up a high mountain. They were all alone. There in front of them his appearance was changed. His clothes became so white they shone. They were whiter than anyone in the world could bleach them. Elijah and Moses appeared in front of Jesus and his disciples. The two of them were talking with Jesus. Peter said to Jesus, "Rabbi, it is good for us to be here. Let us put up three tents. One will be for you, one for Moses, and one for Elijah." Peter didn't really know what to say, because they were so afraid. Then a cloud appeared and covered them. A voice came from the cloud. It said, "This is my Son, and I love him. Listen to him!" They looked around. Suddenly they no longer saw anyone with them except Jesus.



Mount Hermon

is a mountain cluster constituting the southern end of the Anti-Lebanon mountain range. Its summit straddles the border between Syria and Lebanon and, at 2,814 m (9,232 ft) above sea level, is the highest point in Syria. On the top, in the United Nations buffer zone between Syrian and Israeli-occupied territories, is the highest permanently manned UN position in the world, known as "Hermon Hotel", located at 2814 metres altitude. The southern slopes of Mount Hermon extend to the Israeli-occupied portion of the Golan Heights, where the Mount Hermon ski resort is located[5] with a top elevation of 2,040 metres (6,690 ft). A peak in this area rising to 2,236 m (7,336 ft) is the highest elevation in Israeli-controlled territory.



LESSON 5:

MOUNT GOLGOTHA

THEME: Jesus defeats death on the cross

FACTS ABOUT MT. GOLGOTHA

- 1) The word "Golgotha" is from Greek language and is the name of small mountain.
- 2) Golgotha means, "the place of the skull."
- 3) This small hill was outside the city of Jerusalem in Israel.
- 4) Golgotha is the place where Jesus was killed on a cross.
- 5) Today there is a church over Golgotha and the tomb of Jesus.

STORY ABOUT MT. GOLGOTHA

1) The Roman soldiers made Jesus carry the cross to his death.

2) Jesus said, "Father, forgive them," when He was on the cross.

3) The people made fun of Jesus by saying, "If you are the Son of God, you could climb down from the cross."

4) God's anger for sin was directed at Jesus instead of the people.

5) Jesus shouted, "It is finished!" and He died.

6) The curtain in the temple was torn in half.

7) Jesus was buried in a tomb near Mt. Golgotha.



* see an additional task at the end



Lesson 5:

MOUNT GOLGOTHA

Golgotha, or Calvary

was, according to the Gospels, a site immediately outside Jerusalem's walls where Jesus was crucified. Matthew's and Mark's gospels translate the term to mean "place of [the] skull", in Latin rendered *Calvariae Locus*, from which the English word Calvary derives.

Its traditional site, identified by Helena of Constantinople, the mother of Constantine the Great, in 325, is at the site of the Church of the Holy Sepulchre. A 19th-century suggestion places it at the site now known as Skull Hill, some 500 m (1,600 ft) to the north (200 m (660 ft) north of the Damascus Gate). Historian Joan Taylor bases a location c. 175 m (574 ft) south-southeast of the traditional site on her reading of textual evidence.

LESSON 6:

MOUNT OF OLIVES

THEME: Jesus left the earth to go to heaven, but He will return to Earth someday

FACTS ABOUT MT. OF OLIVES

- 1) The Mount of Olives is on the East side of Jerusalem. It is 826 meters high.
- 2) It is named for the many olive trees that once covered its hills.
- 3) The mountain was used as a Jewish cemetery for 3,000 years and has over 150,000 graves on it.
- 4) Jesus left Earth from this mountain and was raised up into heaven.
- 5) Jesus promised to return to Earth someday on this same mountain.

STORY ABOUT MT. OF OLIVES

- 1) Jesus's friends were afraid and were hiding after his death.
- 2) Jesus came back to life and visited his friends.
- 3) They all ate lunch together.
- 4) Jesus had a real body, and it was even better than before.
- 5) Jesus said, "I am the Savior and Rescuer of the World."
- 6) Jesus took his disciples to the Mount of Olives to say goodbye.
- 7) Jesus rose into the air and went to heaven.





Mount of Olives

is a mountain ridge east of and adjacent to Jerusalem's Old City. It is named for the olive groves that once covered its slopes. The southern part of the Mount was the Silwan necropolis, attributed to the ancient Judean kingdom. The mount has been used as a Jewish cemetery for over 3,000 years and holds approximately 150,000 graves, making it central in the tradition of Jewish cemeteries. Several key events in the life of Jesus, as related in the Gospels, took place on the Mount of Olives, and in the Acts of the Apostles it is described as the place from which Jesus ascended to heaven. Because of its association with both Jesus and Mary, the mount has been a site of Christian worship since ancient times and is today a major site of pilgrimage for Catholics, the Eastern Orthodox, and Protestants.

Much of the top of the hill is occupied by At-Tur, a former village that is now a neighbourhood of East Jerusalem.

LESSON 7:

MOUNT VESUVIUS

THEME: The world's pleasures will be burned up, so store your treasures in heaven

FACTS ABOUT MT. VESUVIUS

- 1) Mt. Vesuvius is one of the world's most dangerous volcanoes today.
- 2) In the year 79 AD, people in the city of Pompeii were surprised by the eruption.
- 3) Over 20,000 people were buried alive in ashes.
- 4) Scientists say it could happen again.
- 5) Today over 2 million people live near Mt. Vesuvius.

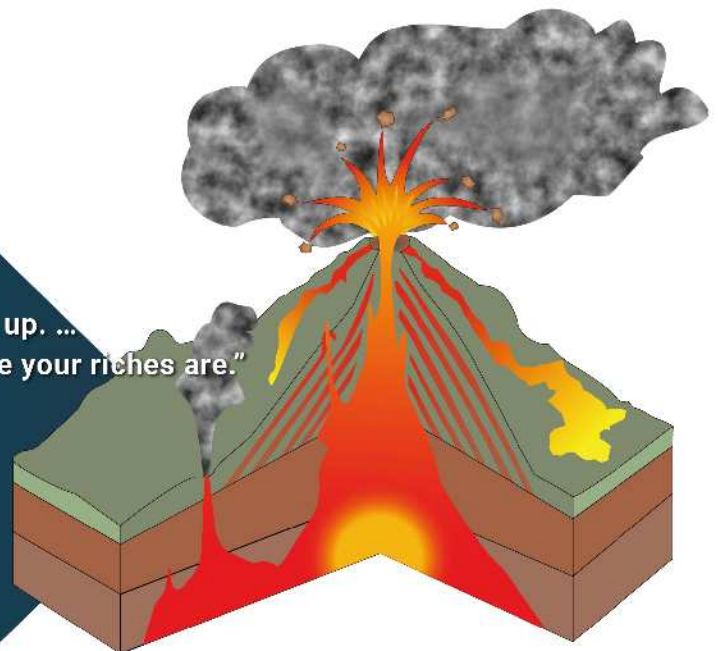


STORY ABOUT MT. VESUVIUS

- 1) It was lunch time in the old Italian city of Pompeii. Mt. Vesuvius, the nearby volcano, was about to begin nineteen hours of amazing eruptions!
- 2) About twenty thousand people lived in the town. All could have escaped, since there had been time to run.
- 3) When Vesuvius stopped erupting, the city of Pompeii was silent, completely buried by volcanic ash. It remained silent for 1700 years. No one knew what had happened there.
- 4) In 1748, archeologists found that the people came back to their homes after the ash stopped falling from the sky. The people had a false sense of security.
- 5) Destruction of the town and its people happened hours later when Vesuvius spewed out a huge flow of ash. It was near 200 meters deep.
- 6) Nothing in its way could survive the flow of ash in Pompeii and everyone died.

LUKE 12:33-34

"... Store up riches in heaven that will never be used up. ... There, no one can destroy them. Your heart is where your riches are."





Lesson 7: MOUNT VESUVIUS

Mount Vesuvius

is a somma-stratovolcano located on the Gulf of Naples in Campania, Italy, about 9 km (5.6 mi) east of Naples and a short distance from the shore. It is one of several volcanoes which form the Campanian volcanic arc. Vesuvius consists of a large cone partially encircled by the steep rim of a summit caldera caused by the collapse of an earlier and originally much higher structure.

Mount Vesuvius is best known for its eruption in AD 79 that led to the burying and destruction of the Roman cities of Pompeii, Herculaneum, Oplontis and Stabiae, as well as several other settlements. The eruption ejected a cloud of stones, ashes and volcanic gases to a height of 33 km (21 mi), spewing molten rock and pulverized pumice at the rate of 6×10^5 cubic metres (7.8×10^5 cu yd) per second, ultimately releasing a hundred thousand times the thermal energy released by the Hiroshima-Nagasaki bombings. More than 1,000 people died in the eruption, but exact numbers are unknown. The only surviving eyewitness account of the event consists of two letters by Pliny the Younger to the historian Tacitus.

LESSON 8:

MOUNT EVEREST

THEME: We can overcome obstacles with God's help

FACTS ABOUT MT. EVEREST

- 1) Mt. Everest is the tallest mountain in the world. It is 8,848 meters high.
- 2) It is located at the border of Nepal and China.
- 3) It was first climbed in 1953. Today, over 4000 people have reached the top.
- 4) More than 300 people have died trying to climb the mountain.
- 5) The youngest person to climb it was 13 years old, and the oldest was 80!

STORY ABOUT MT. EVEREST

- 1) Dave Rasmussen's childhood dream was to climb Mt. Everest. Now he has done it! Even though many people have climbed the mountain, Dave is unique because he is a Christian.
- 2) "What is it like to be a Christian on Everest?" Dave asked. "Climbing Everest's 'West Ridge', I worked harder than I've ever worked in my life! But this what God wants for every believer. What "mountain" does God have for you? Put your heart into it and work for the glory of God."
- 3) Some people died climbing Mt. Everest with Dave. Since the other climbers knew that Dave was a Christian, they asked, "Would you conduct the climber's funeral?" Dave said, "I freely shared my faith with the other climbers." We, too, should take every chance to share our faith.
- 4) Dave wrote, "As followers of Christ, God wants our worship. In 2006, I climbed to a place that few people have ever gone. The top of the world. I arrived alone on Everest's snow-covered 'West Ridge' and looked out over mountains that had looked large in base camp, but were now small hills below me. In that moment, my heart was filled with the worship of God. I knew that the other climbers would also have joy when they reached the same place and saw the beauty of the view, but they would not be worshipping God. As the only believer on our team of climbers, I was the only one who would worship God on Mt. Everest. Worship is what God wants from every believer."



* see an additional task at the end



Lesson 8:

MOUNT EVEREST

Mount Everest

is Earth's highest mountain above sea level, located in the Mahalangur Himal sub-range of the Himalayas. The international border between Nepal (Province No. 1) and China (Tibet Autonomous Region) runs across its summit point.

The current official elevation of 8,848 m (29,029 ft), recognized by China and Nepal, was established by a 1955 Indian survey and subsequently confirmed by a Chinese survey in 1975. In 2005, China remeasured the rock height of the mountain, with a result of 8844.43 m (29,017 ft). There followed an argument between China and Nepal as to whether the official height should be the rock height (8,844 m, China) or the snow height (8,848 m, Nepal). In 2010, an agreement was reached by both sides that the height of Everest is 8,848 m, and Nepal recognizes China's claim that the rock height of Everest is 8,844 m. In 1865, Everest was given its official English name by the Royal Geographical Society, upon a recommendation by Andrew Waugh, the British Surveyor General of India. As there appeared to be several different local names, Waugh chose to name the mountain after his predecessor in the post, Sir George Everest, despite Everest's objections.

Mount Everest attracts many climbers, some of them highly experienced mountaineers. There are two main climbing routes, one approaching the summit from the southeast in Nepal (known as the "standard route") and the other from the north in Tibet. While not posing substantial technical climbing challenges on the standard route, Everest presents dangers such as altitude sickness, weather, and wind, as well as significant hazards from avalanches and the Khumbu Icefall. As of 2017, nearly 300 people have died on Everest, many of whose bodies remain on the mountain.

Mount Carmel

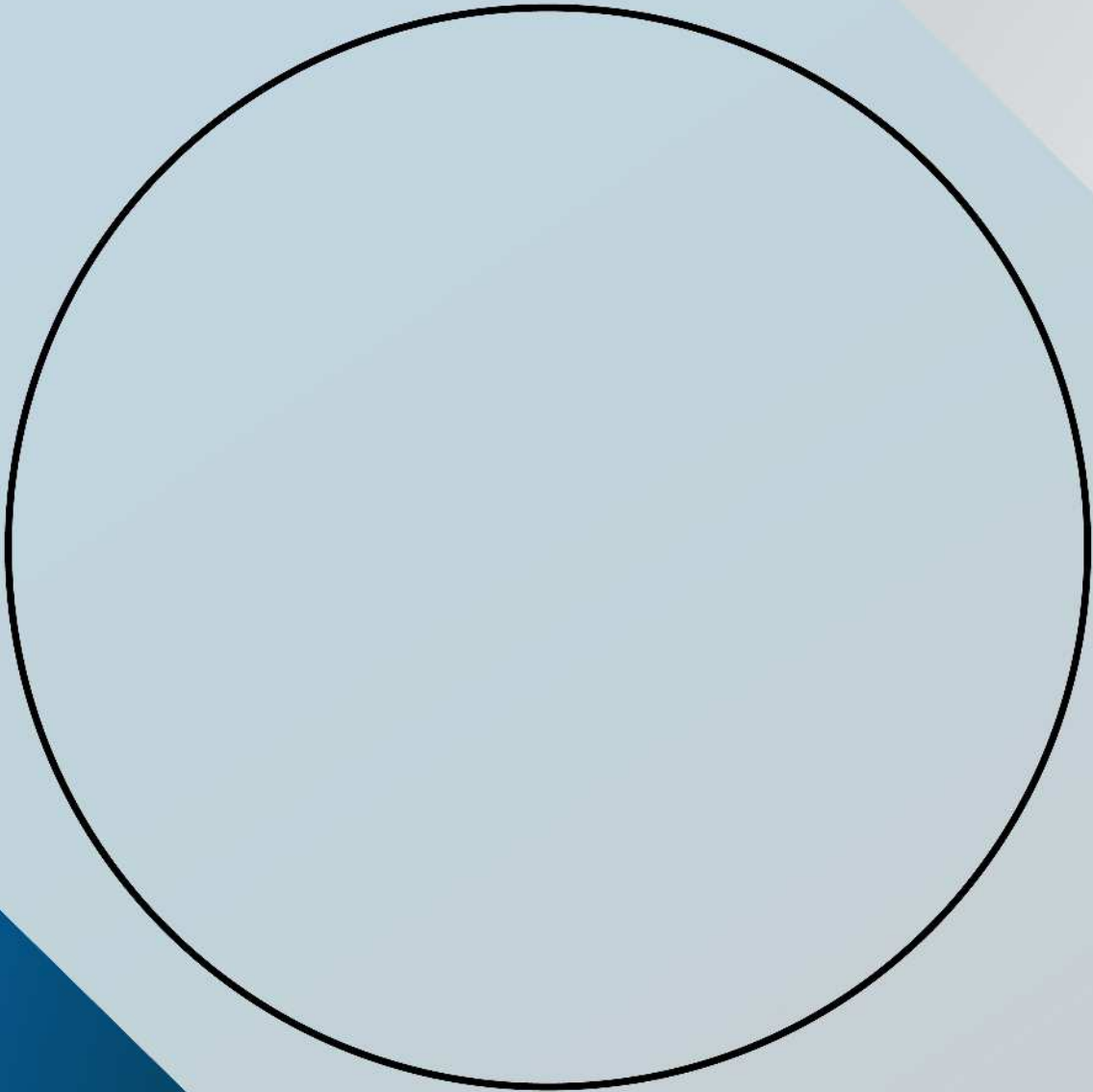
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LORD
FIRE
ISRAEL

SACRIFICE
ALTAR
PROPHET

BULL
BAAL
ELIJAH

Mount Golgotha



Mt. Everest Word Scramble

1. HNAIC _____
2. TEESERV _____
3. NAELP _____
4. TONAIUNM _____
5. CLIRMEB _____
6. ESBA APMC _____
7. OSPWRHI _____
8. DAVE URSEMSSNA _____
9. WSET GERDI _____
10. OEASBCLT _____



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